



AMERICAN FOUNDATION
for CHILDREN with AIDS



THE CAUSE

The American Foundation for Children with AIDS (AFCA) is a non-profit organization providing critical comprehensive services support to infected and affected HIV+ children and their caregivers. Our programs are efficient and sustainable, promoting self-reliance. Since 2005, in collaboration with our in-country partners, we have served tens of thousands of families in severely underserved and marginalized communities in Africa. Our areas of impact include: medical support, livelihoods, educational support and emergency relief.

Currently, AFCA is working in the Democratic Republic of Congo, Kenya, Uganda and Zimbabwe.

Climb Up: Peru is a fund raising venture of AFCA's, raising awareness and funds for the children in our programs.

SUMMARY OF ADVENTURE

This is an **TEN-DAY adventure (plus flight time)** and is **FANTASTIC!**

You'll be picked up at the airport in Cuzco and will be taken to your hotel to settle in. After a day of acclimatization, and getting to know the city, you will visit the Sacred Valley and other ancient sites, learning about Peruvian culture. Then, you will drive to the remote village of Palcoyo for a hike on the Rainbow Mountains—a great acclimatization day at 16,000ft. From here, you begin the four-day Salkantay Trail hike where, on day four you'll catch your first glimpse of Machu Picchu, which you'll visit the next day. After a train ride to Ollantaytabmo and a bus ride to Cuzco for your last night there, you will be transferred to the airport for your flight home..

SALKANTAY TRAIL

The Salkantay Trail is not as busy as the Inca Trail, with an average of 50 hikers per day, but the scenery is unbeatable! It is simply breathtaking. This 46 mile (74km) hike manages to combine beautiful mountain scenery, lush cloud-forest, subtropical jungle and sights of chinchillas, spectacled bears, and deer. You will have a 360 degree view of the three peaks—Salkantay, Humantay and Pumasillo, followed by a hike to the cloud forest and enjoying the change in scenery with various flowers and native plants.

The final destination, Machu Picchu, the mysterious "Lost City of the Incas", is reached after a short bus ride from Aguas Calientes, allowing us to view the sunrise over the ruins.

MACHU PICCHU

Tucked away in the rocky countryside northwest of Cuzco, Peru, Machu Picchu is believed to have been a royal estate or sacred religious site for Inca leaders, whose civilization was virtually wiped out by Spanish invaders in the 16th century. For hundreds of years, until the American archaeologist Hiram Bingham stumbled upon it in 1911, the abandoned citadel's existence was a secret known only to peasants living in the region. The site stretches over an impressive 5-mile distance, featuring more than 3,000 stone steps that link its many different levels.

You will have a two hour tour of the ruins when you arrive, followed by ample time to visit and look around on your own.

AFTER THE CLIMB

You will be taken to the airport in Cusco for an evening flight, either to start your trip home or to continue your adventures in Peru or South America. If you would like to go on continue visiting beautiful Peru after the climb, Steep Adventures specializes in running excellent treks and experiences and we'll be happy to make this happen.

STEEP ADVENTURES

AFCA is teaming up with Steep Adventures to provide you with a phenomenal trekking experience in Peru. Michelle Deller, SA's director, is a seasoned world traveler with an eye for the unexpected beauty around the corner. She has created a company that not only takes travelers to any corner of the world, but which also connects trekkers with organizations who need them.

Steep Adventures is located in historic Lancaster, PA but Michelle's heart resides in every far flung place around the globe. You are in for a treat to travel with Michelle!

COST

Each person participating in *Climb Up: Peru* must pay \$1800 to Steep Adventures and must pay or raise a minimum of \$2000 to support the work of AFCA (paid directly to AFCA). 100% of the total raised for AFCA goes directly to our children, helping them grow up healthy. **Please note that Steep Adventures generously provides a discount for our charity climbs.**

Each climber is responsible for their round trip ticket to Cuzco, Peru, vaccinations, visa, tips, meals not included in the itinerary, gear rental, and passport.

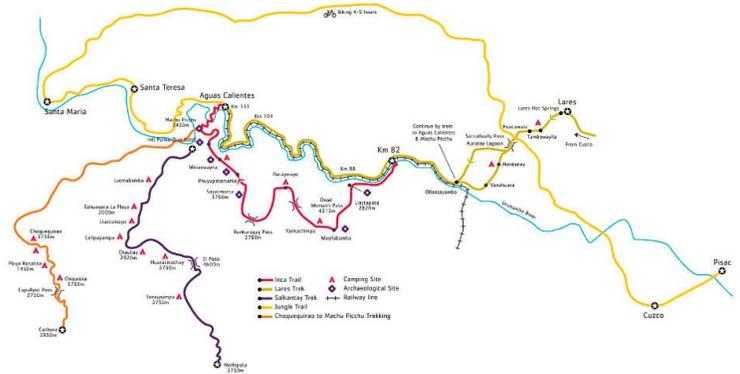
Donations to AFCA are tax deductible.

REGISTRATION

Register online and find fundraising tips at www.AFCAids.org.

Along with your registration form, please send your \$500 non-refundable registration fee made out to Steep Adventures. This fee goes towards your costs and secures your spot on the team. SPACE IS LIMITED! Accepting a minimum of seven and maximum of fourteen hikers per team.

Visit www.AFCAids.org for more information.



Steep Adventure costs include:

- Arrival and Departure Transfers with assistance
- 6 nights hotel, double occupancy
- 3 nights tents—double occupancy
- Sleeping pads
- Private ground transport as listed in itinerary including the train from Machu Picchu
- Vehicle support where necessary
- All camping gear for Trail including tents, foam mattresses, plates & cutlery, stools, tables, etc., except sleeping bags
- Chef and if necessary, assistant cook based on group size
- Water in the morning and before meals to wash up
- First aid kit including an oxygen tank and guides with two-radios
- Official trekking guides with first aid training.
- Guided tour of Machu Picchu
- Professional bilingual guide for all of the activities
- All meals as listed in the itinerary, plus snacks, water and drinks
- Entrance fees and permits, as required



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steep adventures®
infused with purpose