

ANNUAL REPORT



AMERICAN FOUNDATION
for CHILDREN with AIDS

2019

www.AFCAids.org



CONTENTS

| | |
|------------------------------|-----|
| Message from Board President | 3 |
| Mission | 4 |
| Programs | 5-6 |
| By the Number | 7 |
| Impact Story | 8 |
| Financial Statement | 9 |
| Donate & Volunteer | 10 |

Dear Friends,

I want to take this opportunity to thank AFCA's financial supporters, large and small, knitters, sewers, warehouse packers, fundraisers and adventurers. Without this support, AFCA could not carry out the work you and we believe in so much.

Like many of you around the world, this time of uncertainty has brought significant challenges for AFCA. Cancelled events, traveling for Climb Up, Vacation with a Purpose, and program visits are put on hold and our generous sponsors are all facing unknowns.



But, in a world where every year brings a new crisis, a new disaster and a new tragedy, our work does not cease to be any less critical for those to whom we bring hope.

In fact, we have become even more meaningful in the lives of the children and families because while the world's attention is elsewhere, ours is still laser focused on the communities who live in a constant state of turmoil that threatens their lives and their livelihoods. They already live within the parameters of one of the world's largest pandemic, AIDS, and we simply cannot forget their needs.

So here is what we continue to do:

- We were able to get a container of educational supplies to Malawi with early education items in addition to medical supplies to four clinics and two hospitals before travel and shipping restrictions set in
- Another container of medical supplies arrived in Zimbabwe to be shared among six on- the ground partners
- Zimbabwe's goat multiplication center continues to thrive
- Miwani's garden project is doing so well that we funded an expansion of the project. Now there are 33 beds that are providing food for the orphanage and for sale
- Funding for an additional two large greenhouses was sent to Zimbabwe
- A new multiplication center for sheep is in the works in Congo
- Protected garden projects from a swarm of locusts as they descended on Eastern Africa, allowing orphans and communities to continue eating nutritious food

And, in direct response to COVID-19, AFCA has distributed hand washing stations, soap and training to all communities where AFCA is supporting children who are immunocompromised in Miwani and Mombasa, Kenya, and in Zongo, Tandala, Gemena, Congo.

So, during the next few months and years as the world recovers from this unprecedented pandemic, please keep AFCA in your hearts.

We need you more than ever.

With hope,

A handwritten signature in black ink, appearing to read 'Stephanie'.

Stephanie
Board President



MISSION

The American Foundation for Children with AIDS (AFCA) is a non-profit organization providing critical comprehensive services to infected and affected HIV+ children and their caregivers. Our programs are efficient, promoting self-reliance and sustainability. Since 2005, in collaboration with our in-country partners, we have served tens of thousands of families in some of the most underserved and marginalized communities in Africa. Our areas of impact include: medical support, livelihoods, educational support and emergency relief.

Currently, AFCA is transforming lives in the Democratic Republic of Congo, Kenya, Malawi, Uganda, and Zimbabwe.

CORE VALUES

1. Efficient and sustainable programs that promote self-reliance, with measurable results
2. Comprehensive services for children and their families/caregivers
3. Support in regions that are underserved and marginalized

BOARD OF DIRECTORS

Stephanie Watkins (President), Emily Gingrich (Secretary/Treasurer),

Naomi Atkins, Ann Knaus, William Garbarino



PROGRAMS

Sustainable Food Solutions

Because most orphan households have no financial resources to purchase livestock or seed, this program makes resources available to them in order to support their efforts at building their capacity to sustain themselves. Thus, the project will leave orphan families better positioned to actively participate in livelihood activities and for children's nutritional levels to improve. The strength of this project lies in that it is rooted in communities in which it is implemented.

Since the needs were identified at the lowest community level and solutions also originate from the beneficiary communities, the sense of ownership that is gained through this process motivates beneficiaries to succeed and sustain benefits.

This program includes: livestock and gardens, veterinary and husbandry trainings, provision of veterinary supplies, water filters, solar lights, and short term-food solutions until gardens grow and produce.

Medical Support

AFCA partners with pre-approved local clinics and hospitals that are registered with their government's Ministry of Health. The trained doctors and medical directors request medicine (ARVs or to combat opportunistic infections such as pneumonia, thrush, etc) from AFCA and we fill their requests by supplying their pharmacies with requested medications.

AFCA has a medical surplus program, where collects opened but unused and new but unneeded medical supplies and equipment from hospitals, manufacturers, and distributors, diverting them from landfills and shipping them for use in the countries where we work. AFCA also provides testing kits to partners who find they don't have enough to test mothers and children in their programs.





Education

AFCA believes in the strength of educating a child. We covers the costs of school fees, uniforms and books for some children in our programs from preschool to trade school or university. School supplies – erasers, pens, pencils, notebooks, file folders, scissors, and glue – are sent to students, as well as teaching supplies which are sent to partner schools, helping the schools with much-needed items, such as maps, art supplies, room decorations, etc.

AFCA keeps girls in school by providing them with reusable sanitary pad kits. Not only do we donate these kits, but we also conduct trainings and teach older girls and women how to make the kits so they can start small businesses.

Building Stronger Partners

AFCA knows that sustainable programs are the best programs to support. We want the clinics, hospitals and projects we support to be able to carry on their work in a sustainable manner, well into the future. With this in mind, AFCA funds and helps manage projects such as:

- Sisal project where HIV+ mothers can earn a decent living while working a 3-day week
- Community gardens where everyone who works, eats
- Multiplication centers where animals are bred and raised, providing the animals needed to sustain our Livelihoods Projects
- Greenhouses to provide training and food for young adults
- Tailoring shops where people learn to sew and start small businesses
- Chicken projects where eggs not only provide food for orphaned children, but a salary for caregivers and for the expansion of the project



AFCA 2019

AMERICAN FOUNDATION FOR CHILDREN WITH AIDS



afcaids.org

SUSTAINABLE FOOD SOLUTIONS

3,657 lives changed

AFCA supports and manages livestock and garden projects in the Democratic Republic of the Congo, Kenya and Zimbabwe, helping families break out of the cycle of poverty. Water filters, solar lights, and continued training complement this work.

MEDICINE AND SUPPLIES AND EQUIPMENT

415,500 people benefited

AFCA provides vital medicine to combat opportunistic infections, as well as third-line antiretroviral medicine for children infected by HIV.

Medical supplies and equipment is donated to hospitals and clinics, allowing them to treat patients better and with dignity.

INSTITUTIONAL ECONOMIC IMPROVEMENT

2,290 direct beneficiaries

Hen houses, greenhouses, animal multiplication centers, community gardens, and a sisal project are all part of AFCA's efforts to make orphanages who care for AIDS orphans become self-sufficient, not needing external funding.

EDUCATION

2,939 children educated

School fees, school supplies, desks, chairs, uniforms, books, educational toys, feminine pad kits and teacher supplies are donated so that children in AFCA's programs can attend school from preschool to university or trade school.



AFCA CURRENTLY WORKS IN FIVE AFRICAN COUNTRIES:

DEMOCRATIC REPUBLIC OF THE CONGO, KENYA, MALAWI, UGANDA, AND ZIMBABWE

EMERGENCY RELIEF

800 families helped

AFCA responded to the flooding in northern DR Congo in late 2019, providing water filters to churches and mosques for community use and solar lights, tarps, and tools to benefit 880 families.

AFCA HAS 1.5 STAFF IN USA AND 9 IN AFRICA AND WORKS WITH VOLUNTEERS SCATTERED AROUND THE WORLD.

92% OF ALL DONATIONS GO DIRECTLY TO PROGRAMS

Gardens -

Tomatoes, cabbages, onions, yams, kale, spinach, squash, spider plants, peppers, strawberries, corn, eggplant, amaranth – all of these and many more veggies and fruit are grown in the various gardens sponsored by AFCA. Each project is carefully considered and with the community's input, ideas are shared so that the best solution is offered to the person/people needing help. Considerations we need to think about include water sources, land availability, leadership, type of plants requested, additional types of vegetables we suggest in order to ensure that children with HIV/AIDS have the best nutrition possible, among other things.

Gardens range from individual plots which produce enough food for a family to eat, with some excess for sale. Some of the gardens are large plots, producing corn, peanuts and beans, not only for a family, but for animals and the community. Some of the gardens are community gardens, with multiple families sharing the work and benefitting from their efforts. In all cases, seed saving is encouraged so that families do not need an additional gift of seeds. We have seen time and again how a garden that produces enough food changes a family. It starts with everyone going to bed with full bellies – beans and corn and veggies will do that! Then, children return to school, as they are able to walk the long distances and once there, they are able to concentrate on schoolwork and not on hunger. Then, through the sales of excess veggies, we see families able to purchase rabbits or other small animals and they are able to dream of owning their own home.

It is easy to recognize AFCA families while visiting our programs – the children no longer have the glassy eyes or orange hair associated with hunger. They are the children trudging back from school with a smile on their face, bellies no longer distended. No, they are not rich. Yet, they are healthy and hopeful.

Janet makes natural pesticide for the community garden she manages in Kenya.

Once a year, we host PassMyPlate, a campaign that teaches us about hunger felt by so many around the world. You can change some lives by living on \$1.90 per day for one week and donating the balance of what you normally would have spent on food and drink. No, it is not impossible, and we even provide sample menus and delicious recipes! We encourage you to join this effort in November. Register at www.PassMyPlate.org and together, let's give more children and their families food security.



FINANCIAL STATEMENT

Revenue

| | | |
|---------------------------------------|----|------------------|
| Contributions | \$ | 419,882 |
| Gifts in Kind | | 1,127,835 |
| Grants | | 1,000 |
| Investment | | 105 |
| Net Assets Released from Restrictions | | 0 |
| Total Revenue | | 1,548,822 |

Expenses

| | | |
|-------------------------------------|----|------------------|
| Program | | |
| Commodity Distribution | | 1,543,990 |
| Support Services | | |
| Fund Raising | | 94,459 |
| Administration | | 45,241 |
| Total Expenses | | 1,683,690 |
| Change in Unrestricted Net Assets | | (134,868) |
| Net assets at beginning of the year | | 467,689 |
| Net assets at end of the year | \$ | 332,821 |





WE NEED YOUR HELP

Together we can keep making a difference in the lives of children. Please consider how you can join AFCA, whether it is as a donor, as a volunteer or as an adventure seeker. We need you, that is for sure!

Every Penny Matters

You are welcome to make a donation towards our good work by following this link to our [donations page](#). You will receive a tax receipt by email. Be sure to print and keep it for tax season!

If online giving is not for you, you are welcome to donate by post, mailing your donation made out to AFCA to:

AFCA
1520 Greening Lane
Harrisburg, PA 17110

Craving Adventure?

If you'd like to be part of our work by volunteering from your own corner of the world or internationally through Vacation with a Purpose, please let us know, as we'd love to have you as part of our team! Perhaps, you'd like to go on an adventure to Nepal, New Zealand, Patagonia, Kilimanjaro, or Peru – if so, you are welcome to join one of our Climb Up trips! Let us know your interest, as we'd be happy to welcome you to AFCA's team. Feel free to email, connect on Facebook or call.

Facebook/Instagram: @AFCAids

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