

1 inch
Square

Pocket Placement

↓Align edge of pocket here↓

Pattern dimensions:

10" long x 8 ¼" wide (25.4 x 21 cm)

Finished shield size:

9 ½" long x 7 ¾" wide (24 x 20cm)

Standard Shield Pattern

¼ inch seam allowance included

Postpartum Shield: lengthen

pattern at one end by 2 ½" (6.4 cm)

Postptm Shield pattern - 12 ½ x 8 ¼" (32 x 20 cm)

Finished postptm shld - 12x7 ¾" (30 x 19 cm)

Lengthen here for
Postpartum Shield

↑Align edge of pocket here↑
Pocket Placement

Distance between pocket
placement lines:

Std Shield: 5" (12.7cm)

Postptm: 7 ½" (19cm)

Rev 11.22.2013

How to make full-size pattern:

This shape is one-half of the pattern.

Print this page twice.

Measure 1 inch square to confirm
correct printed size.

Cut out each half.

Tape pieces together along dashed
line. Do NOT overlap edges.

Measure full-size pattern height and
width for correct size.